

# MOLDS

## HAVING MOLD PROBLEMS?

Mold spores are found naturally in the outdoor environment. Indoors, mold needs moisture to grow. Mold growth, which often looks like spots, can be many different colors, and can smell musty. Mold growth is a problem in areas where there is water damage, elevated humidity, or dampness. The health effect of mold exposure varies greatly from person to person.

### Mold Cleaning Instructions

1. At a minimum, wear protective rubber gloves and a dust mask.
2. Run an exhaust fan or electric fan to ventilate the area while cleaning.
3. Clean hard surface areas containing mold and mildew growth with warm water and a multipurpose ammonia free household cleaner. **(Never mix bleach products with ammonia. The mixture of the two creates a condition hazardous to health.)**
4. Scrub any evidence of mold and mildew with a common scrub brush.
5. Rinse or wipe the area well with water.
6. Dry rapidly with a dehumidifier, towels, or fans.
7. For minor mold growth on fabric materials (i.e. sheets or curtains), disinfect in a washing machine with hot water and detergent, then place in a dryer until the item is completely dry.
8. If moderate to heavy mold is present on fabric materials (to include carpets or upholstered furniture), report the issue to the Barracks Manager for replacement of items.
9. **If any mold persists after initial cleaning, request assistance from your Barracks Manager to resolve the problem. Should you need further assistance, consult the Installation Safety Office at 645-3806.**
10. **For residents in family housing, please refer to the Kadena Housing Office brochure available for download at [https://www.kadena.af.mil/Kadena\\_Housing\\_Office/](https://www.kadena.af.mil/Kadena_Housing_Office/).**



### Mold Prevention Tips

- \* **Moisture control is the key to mold prevention.**
- \* Ensure all windows and doors are closed when the air conditioner is on.
- \* Use a dehumidifier when needed to help keep areas clean and dry.
- \* Run an exhaust fan in the bathroom while bathing or showering and in kitchen areas while cooking.



MCIPAC Installation Safety Office